Is Your Dog Overweight?
These can be some of the effects.

Baker Institute professor George Lust was a member of the team that undertook a lifetime study (sponsored by Nestlé Purina) on the effects of excess caloric intake by labrador retrievers. Overweight or obese dogs developed serious health problems earlier and had a life span that was almost two years shorter (11 vs. 13 years) than dogs in better body condition.