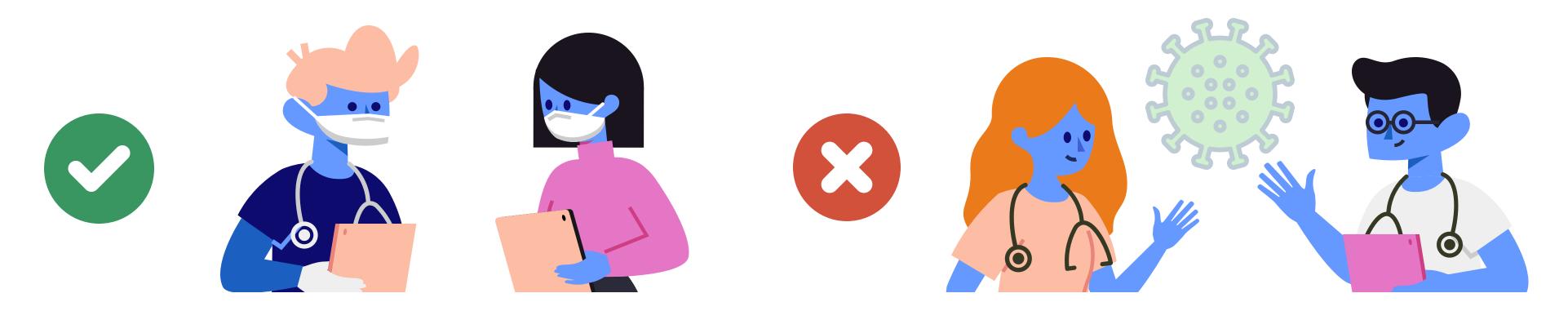


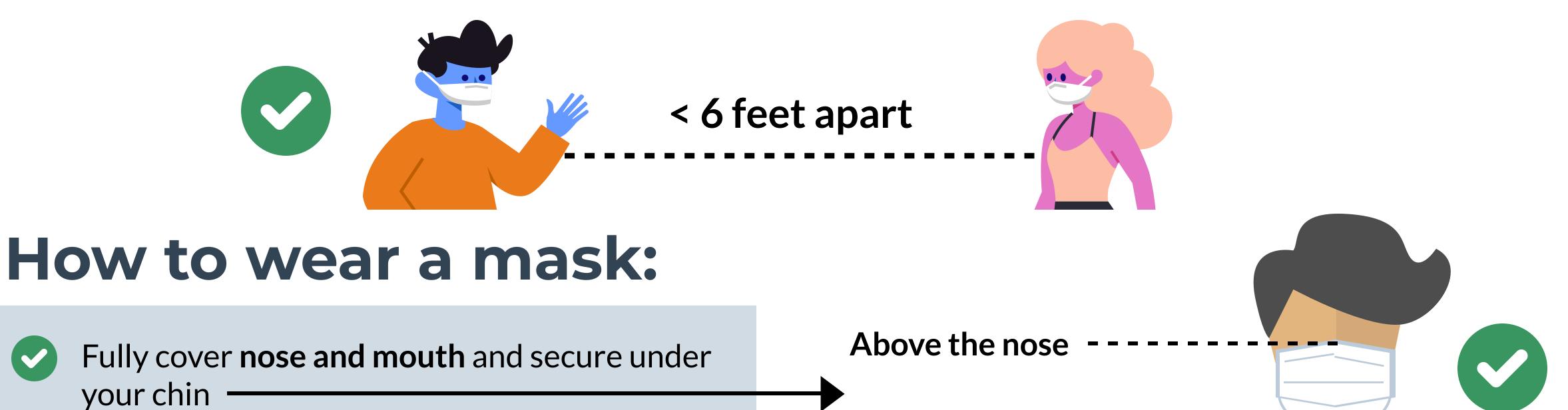
Why wear a mask?

- COVID-19 is mainly spread through droplets created when an infected person coughs, sneezes, or talks
- People can spread the virus even if they have no symptoms
- Anyone can get and spread COVID-19 wear a mask to stop the spread



When to wear a mask?

• Anytime you cannot be at least 6 feet away from other people





Fit snugly but comfortably against the side of your face



Wash cloth face coverings regularly in the washing machine





Avoid touching your eyes, nose, and mouth when removing your mask



Cornell University Master of Public Health

