

# Individual Development Plan

Student Name: Advisor Name: Date:

BBS views the individual development plan (IDP) as a tool to assist you in identifying areas for scientific and personal development. It is **not** a performance evaluation tool, but a plan developed as a partnership between the student and the chair, who can provide guidance and mentorship. Please evaluate your skills in the following areas, ranking them from 1 (weaker) to 3 (stronger). Indicate which of these you believe to be a target skill that should be developed in the course of the academic year. Share your answers with your chair, and work together to complete the form by the start of the fall semester. The last line in each section is for you to include any other aspects you wish to focus on in the coming year.

Target

Target

2 3 **skill** 

<b>Project Management</b>
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Time management and efficiency

Data management/lab notebook

Establishing scientific goals

Meeting experimental deadlines

#### Scientific Skills

Grasp of primary literature

Seminar attendance/comprehension

Statistical interpretation

Ability to develop project directions

Scientific design

Recognizing need for new approach

Knowing when/how to seek advice

## **Writing Skills**

Scientific publication

Grant

Lay audience

Confidence in grammar/language

nterpersonal Skills	1	2

skill

Ability to get along with labmates

Maintaining a clean workspace

Willingness to seek PI feedback

Ability to work through conflict

Contributes to lab function

### **Leadership Skills**

Serving as a role model

Helping to resolve conflict

Mentoring other students

Interacting with other lab groups

## **Oral Communication Skills**

To a specialized audience

To a lay audience

In a classroom

### **Career Options** - leaning:

Academia

Industry

Government/policy

Clinical Practice