

## **Materials You Will Need for Foundation Course VIIa -- *Veterinary Practice: Physical Examination***

For Foundation Course VIIa, you will need to obtain the items listed below **by the beginning of class**. These items you will use throughout your 4 years. Please be advised that open, partly-open or soft-toed shoes (sandals/water/running/tennis/crocs) may not be worn in any lab or in the hospital (OSHA and Cornell regulations).

**Scrubs** (minimum 2 sets): LIGHT BLUE (CEIL) SCRUBS are required apparel in all small animal and surgical skills labs. Scrubs can be purchased at medical apparel stores or on-line stores.

**Coveralls** (minimum 2): You must have NAVY BLUE, SHORT-SLEEVED coveralls, to be worn in all large animal labs and experiences in the Teaching Dairy Barn and large animal clinic.

**Heavy-duty Barn boots/shoes:** Footwear worn in the large animal clinic must be sturdy, leather, work or hiking- type boots or shoes. Tennis shoes are not acceptable. Aim for comfort, durability, and ability to stand up to many trips through foot baths (since we dip our feet between patients, between barns, etc.).

**Rubber Over-Boots: Students must wear rubber boots in all bovine labs at the Teaching Dairy Barn and in all other production animal experiences. Although ‘muck boots’ are acceptable, ideally students should have ‘over boots’, able to fit over shoes.**

**Stethoscope:** You must have a stethoscope to use in your first lab. It's ideal to ‘test drive’ several brands and models before purchasing so visit a medical supply store in person, if you can. If you are shopping on-line, make certain there is a return policy in case your first choice is not perfect for you. Consider asking your local veterinarian, friends, or upper classmates for a ‘loaner’ so that you can take your time making a

purchase decision.

If you decide to buy now, do not waste money on an inexpensive drug store model! Choose from an established company such as Littman, WelchAllyn, Tycos, etc. where you can purchase an excellent stethoscope for \$75 to \$300+. Once you have decided on a particular stethoscope model, the most important option to consider will be size of the head/chest piece. Neonatal or pediatric heads are great for puppies, small dogs, cats, and exotic species. Full size heads are necessary for work with large animals. It may be wise to start out with a standard (full size) head/chest piece so that you are prepared for the variety of species you will be caring for during your veterinary education.

**A stethoscope representative will be at Orientation on Friday August 16<sup>th</sup>**

**Wrist watch:** You must wear a wrist watch in all live animal labs. Your cell phone is not a substitute! Choose a band that is water resistant since you will be washing your hands many times each day.

**Penlight-** Can be purchased online